

Wanda Tong

From: Wesley Mallette <wmallette@berkeley.edu>
Sent: Friday, February 7, 2014 12:55 PM
To: Whitney E Schiller
Cc: Phillip L Esten; Casey Batten
Subject: Cal - Statement & Q&A for Media Briefing Re: Ted Agu

Statement 1:

At this time, we are deeply saddened to inform you that Ted Agu, one of our student-athletes and a member of our football team, passed away tragically this morning. Our thoughts and prayers are with Ted's family and friends, our players and coaches, and our University family. Our student-athletes are our priority and we are providing counseling services for our players. Please bear with us as we work to inform personally those closest to Ted; we will provide more information as it becomes available.

"This is a very difficult time for our football family," said Sonny Dykes, Head Football Coach. "Ted was a remarkable young man and a member of this family who was highly respected and loved by his teammates and coaching staff. He had an incredible passion for life and will be deeply missed."

Athletics Director, Sandy Barbour, said, "Our heartfelt condolences go out to Ted's family. This is a very painful time for the entire Cal family; in the days and weeks ahead, my focus will be on providing every member of our community the support and information they need to get through this time. I would ask that media please respect and understand how this tragedy is impacting Ted's family, his teammates, friends and the members of our campus community. We will get through this together."

FLOW:**DAN:**

- Ladies and Gentlemen, my name is Dan Mogulof and I am the Executive Director of Public Affairs here at the University of California, Berkeley.
- **WHY WE ARE HERE**

- *Heartfelt, compassionate, sensitive, take your time*

- ORDER OF THE MEDIA BRIEFING
- INTRODUCE SANDY, SONNY AND CASEY

SANDY:

- Statement

CASEY BATTON: Family Medicine/Sports Medicine (Team Physician)

- **You're going to talk (briefly) about what happened:**
 - *Be sensitive, caring, compassionate. Take your time.*
 -
- Our hearts are heavy at this time and out of respect to the family, this is the information I can provide you at this time.
- I was with Ted all four years he was here and I have been with the University's medical staff since 2006 and I have been the Head Football Doctor since 2009.
- What I can tell you at this time is:
 - Earlier this morning, Friday, February 7, one of our student-athletes and football players, Ted Agu, was on a supervised training run with multiple members of our medical staff in attendance.
 - Toward the end of the workout, our medical staff noticed he was having some difficulty completing the workout.
 - As a precaution, we stopped his workout immediately.
 - He was immediately attended to by our members of our medical staff.

- He was hydrating, was responsive.
- As a precaution, he was placed on a cart to be transported about 150 yards away to our medical facility at the Simpson Center for further treatment.
- He was responsive and communicative throughout the brief ride.
- When medical staff arrived at the North Tunnel, Ted became unresponsive.
- Emergency Medical Services were immediately contacted.
- CPR was initiated immediately
- Training staff appropriately attached an automatic external defibrillator (AED) to monitor his heart
- High quality CPR was continued until Berkeley Fire arrived and Ted was transported to the hospital (Alta Bates).
- IF IT COMES UP:
 - At this time, we do not know the official cause of death

Q&A:

- Was there anything in Ted's medical background that would lead you to believe something like this could happen?

- At this time, we are precluded by law to comment on any other medical details and out of respect for the family and the situation.

Ishtar Peeler

From: Phil Esten <esten@berkeley.edu>
Sent: Sunday, February 9, 2014 11:59 AM
To: Athletic Director
Subject: Re: SFGate article comments

Yes - will be available. Looks like most other comments are positive. There were a few sickle cell comments on Bear Insider and Jim McGill asked that people don't speculate.

We'll want to make sure everyone in Cal athletics is saying the same thing.

Talk with you at 3:00.

Thanks.
 Phil

 Phil Esten
 Deputy Director of Athletics
 Cal Athletics

Sent from my iPhone

On Feb 9, 2014, at 11:44 AM, Athletic Director <athletic@berkeley.edu> wrote:

There were lost of people milling around. It's certainly possible.

Easy for anyone to characterize the mood and peoples reaction any way they want to.

Can I call you around 3pm about this?

SB

Sent from my iPhone

On Feb 9, 2014, at 9:55 AM, Phil Esten <esten@berkeley.edu> wrote:

Sandy - FYI below...the comment makes reference to being at the facility when the family arrived.

 Phil Esten
 Deputy Director of Athletics
 Cal Athletics

Sent from my iPhone

Begin forwarded message:

From: Andy Lempart <alempart@berkeley.edu>
Date: February 9, 2014 at 9:23:39 AM PST
To: Wesley Arnold Mallette <wmallette@berkeley.edu>, Herb BENENSON <benenson@berkeley.edu>, Phillip L Esten <esten@berkeley.edu>
Subject: SFGate article comments

Just a heads up. Spotted this in the comments section of an SFGate article, below. Easy to hide behind a handle on a comments board to stir the pot. The person seems to have some sort of access based on their comments. S/he is claiming they were at the facility when Agu's family arrived. Do we know who had access/was on scene that was/wasn't administration/staff?

I did some digging, the only other "quitethewiseass" handle i could find was an OK Cupid account from a 36/M from Oakland. Not much info there: <http://www.okcupid.com/profile/Quitethewiseass?cf=profile>

Article: <http://www.sfgate.com/collegesports/article/Cal-football-player-Ted-Agu-dies-after-training-5214640.php>

Comments:

- quitethewiseass
- Rank 0
This story is so filled with Bulls^%T and a complete cover up to what really happened. Dykes fails to mention he was not at the practice, and that Ted Agu was left on the ground for better than 30 minutes prior to being carted closer to the facility and THEN the paramedics were called and did CPR for another 15 minutes. Check the timelines. The media should be seeking actual witnesses, I did. It appears, the team doctor Dr. Casey Betten, Sonny Dykes and Sandy Barbour huddled up outside of the hospital (Alta Bates) to decide how to cover their asses. Did I mentioned, neither of them was present this morning for conditioning? I am told the coaches insisted that other teammates keep conditioning when they became concerned about Agu's condition on the ground. No defibrillator was used whatsoever (several accounts), yet they say one was used. Oh wait, they also said he was hydrated and alert! Why would they need to, yet they said they did. All accounts say he 1st dropped to his knees, was unresponsive and then collapsed waaaaay before any trainers came over. The NCAA needs to run to Berkeley to investigate why this Pre-Med student is now dead after a morning workout.
Sonny Dykes and cronies have been said to use toughening drills with their players, and this is today's result. BTW, Dykes

revoked all of the 8 walk-on players scholarships this semester, he received his bonus for GPAs then revoked them for this semester, a true class act.

- Flag
- [quitethewiseass](#)

- Rank 0
- [@vjt](#)

My sources come directly from those that were there. All you have to do is listen to what the REGIME said at the press conference. I was at the facility when his family came in from Bakersfield last night. A cold and chilling scene. Sandy was there, Dykes was there, all nervous and suspicious. This kid will not have died in vain, Roundhouse. He died on the field is my bet, and any player there will tell you that. The personnel failed Ted Agu, and didn't take him dropping to his knees seriously. Instead the coaches yelled for his teammates to continue. He laid on the ground for 30 + minutes. This situation is bad, why do you think Sandy Barbour asked the media to respect the family and CAL by staying away at this time? Convenience. You are a fool if you are believing what they said. Also, prior to team dismissal, the coaching staff asked each player to mum the media, then shortly they come out with their spin.....which is what you are reading.



Andy Lempart
Director of Marketing
Sales, Marketing, & Service

Intercollegiate Athletics
140 Haas Pavilion, Berkeley, CA 94720

P: 510-643-3304 E: alempart@berkeley.edu W: CalBears.com

Follow us on [Facebook](#) | [Twitter](#) | [YouTube](#)

Ishtar Peeler

From: Teresa Kuehn Gould <tkuehn@berkeley.edu>
Sent: Sunday, February 9, 2014 10:15 PM
To: Foti Thomas MELLIS; Phillip L Esten; Sandy Barbour; Solly B Fulp; Teresa Gould; Ryan COBB; Jennifer Simon-O'Neill; Wesley Arnold Mallette
Subject: Possible Questions for Staff Talking Points/FAQ

All:

Per our Saturday conference call, please allow this e-mail to solicit your feedback on possible questions to include in a document to IA staff with "talking points" or answers to "frequently asked questions." The intent is to arm our staff with information regarding the key questions surrounding Ted Agu's death that they might be receiving.

I took a stab below at some of the basic questions we can anticipate our staff getting:

1. Did Ted test positive for sickle cell trait?
2. What are the Department protocols around sickle cell trait testing for student-athletes?
3. Is there a family service in Bakersfield? Will the Football team be attending?
4. Will there be a campus memorial service or student event?
5. When will a cause of death be determined?
6. What support is being provided to the Football student-athletes, staff, and others close to Ted?
7. How will Cal Athletics honor Ted's memory in the coming weeks?
8. How do people give who want to give in Ted's honor or support his family?

Please forward on to me any additional questions that you would like to include. I will be working with Wes on a document for circulation to our staff at some point on Monday.

Thanks in advance for your feedback.

T



Teresa Gould
 Deputy Director of Athletics, Chief of Staff

Intercollegiate Athletics
 115 Haas Pavilion, Berkeley, CA 94720

P: 510-642-9224 C: 650-219-0984 E: tkuehn@berkeley.edu W: CalBears.com

Follow us on [Facebook](#) | [Twitter](#) | [YouTube](#)

Ishtar Peeler

From: Wesley Mallette <wmallette@berkeley.edu>
Sent: Tuesday, February 11, 2014 5:12 PM
To: Athletic Departmental; Phillip L Esten; Teresa Kuehn Gould; Paul Savage; Jennifer Simon-O'Neill; Ryan COBB
Subject: Ted Agu - GBAC Meeting for Tuesday, February 11, 2014: AD Briefing
Attachments: Cal Athletics - Ted Agu - Sandy Points for GBAC Mtg - 021114.docx

Team,
Please find attached the briefing for Sandy's participation in tonight's GBAC Meeting.

Sandy,
You should plan on arriving around 7:35p.

Sit with some of the student-athletes you know.

At about 7:45p, you ask for permission to speak and how you can help make the vision for what they want for Ted's Celebration of Life to come to fruition.

From that point, we'll follow the agenda (if you will).



TED AGU (1992-2014):

**GBAC Meeting
Tuesday, February 11, 2014**

I. FOCUS FOR THE EVENING:

- Connect with the students – meet them where they are right now
- Show compassion, support, respect
- Be their leader – guide them through this difficult time
- Be open and engaging
- Take your time
- Heartfelt and compassionate

II. KEY POINTS/OPENING REMARKS (2 min)

- I really wanted to have an opportunity to connect with you and get your feedback on how we can best support you as you're putting this event together for tomorrow night.
- I know this is an extremely difficult time and that we are all grieving.
- Our Cal Athletics Family has lost a truly beloved member of this family. Our hearts are heavy and there are no words to express how much this hurts.
- Ted Agu will always hold a special place in our hearts. Ted was an amazing young man with an incredible zest for life and will forever be part of our Cal Athletics family. He made a tremendous impact on everyone he touched and the way he lived his life will always inspire us.
- I'm sure everyone has questions. We all have questions. Unfortunately, at this time, there is so much information that we do not know. But I can promise you we are working to find out. We all want those answers and we are working to find them. And when we get them, we will share them.
 - **IF YOU NEED:**
 - *Any time you experience a tragedy such as this, it gives cause for you to go back and look over your protocols and procedures to make sure you are doing everything possible should you be faced with a worse case scenario situation.*

WESLEY MALLETT

Associate Athletic Director, Strategic Communications

Haas Pavilion • Berkeley, CA 94720

Office: 510.644.7121 • Cell: 310.562.2821 • wmallette@berkeley.edu • CalBears.com



III. TRANSITION TO "HOW CAN I HELP TOMORROW NIGHT?" (2 min)

- I know you have been working hard over the past hour and several days since Ted's passing to plan what I'm sure will be a beautiful candlelight service tomorrow night in celebration of his life. The way this group has come together in our toughest hour is inspiring and I want to help however I can.
- Along with Coach Dykes, I want to be sure that our participation in the celebration of Ted's life have the support you need from us.
- Your input is important. So, what are some of the things that are important to you and that you would like to see when we open up the candlelight service tomorrow night?

IV. INPUT PERIOD ON STUDENT-ATHLETES/GBAC INPUT FOR YOUR ROLE IN CANDLELIGHT SERVICE (5 - 7 min)

V. CLOSING (1 min)

- Just as a reminder, we have counseling services available to you (*which I believe you all received information on in your email from Paul Savage*) and our staff is here for you.
- I am so very proud of each of you and our entire student-athlete body.
- The way you have come together and are there for one another is so important right now.
- This is not and will not be easy.
- We may not heal quickly – but I promise you, we will heal together.

VI. POTENTIAL Q&A

- *Attachment to Follow*

WESLEY MALLETT

Associate Athletic Director, Strategic Communications

Haas Pavilion · Berkeley, CA 94720

Office: 510.644.7121 · Cell: 310.562.2821 · wmallette@berkeley.edu · CalBears.com

Ishtar Peeler

From: Wesley Mallette <wmallette@berkeley.edu>
Sent: Monday, February 17, 2014 3:54 PM
To: Foti Thomas MELLIS; Phillip L Esten; Teresa Kuehn Gould; Jennifer Simon-O'Neill; Ryan COBB
Subject: Ted Agu - FAQs for Staff and Notes for Foti (re: Tuesday, 2.18.14 Asst. Coaches Meeting)
Attachments: Ted Agu - FAQs for Staff - 021314.docx; Foti - Notes for Asst Coaches Mtg - 021814.docx

Hi Team,

Please find attached an FAQs (Draft) for Staff and an overview for Foti to address and update the assistant coaches at tomorrow's Assistant Coaches Meeting.

Please note there is one section in the FAQ where I could use a little help with the language (**III. On Funds/Expenses to Help the Family**).

Your thoughts are appreciated and I can make whatever edits are necessary this evening.

Foti,

Per our conversation, I've included a summary update from which you can pull top-line key points you'd like to hit in the meeting.

Feel free to call me at any point to discuss.



**FREQUENTLY ASKED QUESTIONS
(FAQs)
For Coaches and Staff
Regarding Ted Agu**

I. On What Happened:

Q1:

Do we know what happened to Ted and what was the cause of death?

A1:

We all have questions and we are working to find answers. Unfortunately, at this time we do not have those answers. When the reports come back and we have more information we will share that.

Q2:

How can we prevent this from happening again?

A2:

Right now, we don't know why Ted passed away and we are working to find those answers. But as with any instance when you experience a tragedy such as this, it gives cause to go back and look over your protocols and procedures to make sure you are doing everything possible should you be faced with a worse case scenario situation.

Q3:

When will a cause of death be determined?

A3:

We won't know until we receive the results from the coroner's office, which we expect to have in a few weeks.



II. On Funeral/ Memorial Services:

Q1:

Have funeral services/arrangements for Ted been planned?

A1:

Yes, funeral services and arrangements have been planned. Here is what we know at this time (*with more information to follow as final details are confirmed*):

Funeral Service

There will be a funeral service for Ted in his hometown of Bakersfield, CA. At this time we are still awaiting final details but the service will take place on Saturday, February 22.

On-Campus Memorial Service

An on-campus memorial service for Ted Agu will be held on Monday, February 24 at 6:30pm. We will provide staff with specific details (i.e., location, plan, etc.) as soon as those details are confirmed.

Candlelight Service

And as you know, there was a student-athlete/student led Candlelight Service for Ted held on Wednesday, February 12.

III. On Funds/Expenses to Help the Family:

***** NOTE: NEED A LITTLE HELP HERE *****

Q1:

I see there are several funds accepting contributions to cover funeral costs. Is there one I should contribute to specifically?

A1:

There are a few funds that have been set up to assist where you can help with the expenses beyond Cal Athletics. However, if you would like to contribute through Cal Athletics, we ask that you contribute to the Cal Athletics ____ Fund and be sure to note your contribution is for ____?? Ted Agu ____?? (**NOTE: NEED HELP HERE**)

CALIFORNIATM

ATHLETICS

IV. On a Scholarship in Ted's Name:

Q1:

Is there going to be a scholarship created in Ted's name?

A1:

Nothing has been confirmed yet, but we are working on determining what it will take to create something in Ted's honor.

V. On Sickle Cell Trait/Screening:

Q1:

We are hearing/have heard Ted may have had/had sickle cell trait. Did he test positive for it and could it have contributed to his passing?

A1:

Cal Athletics does not release information related to the medical conditions of its student-athletes, other than to comment on injuries that affect the playing status of student-athletes (and only when legally allowed via signed release and permission from a student-athlete). Our student-athletes need to know their health information is held in confidence until such time as they choose to release it.

Medical information about this situation may be released in the future if it becomes part of public information.

Q2: What are the Department protocols around sickle cell trait testing for student-athletes? Do you screen for conditions that may have a negative impact or compromise a student-athlete's health?

A2:

Like all Pac-12 institutions, Cal Athletics follows NCAA and nationwide sports medicine accepted best practices as it relates to the screening of our student-athletes for medical conditions, including thorough history and pre-participation screenings/medical examinations by specially trained physicians and staff. This includes cardiac screenings and sickle cell trait screening among others, and a thorough health history. Additionally, Cal Athletics follows accepted NCAA best practices for care of our student-athletes who might be presented with emergency medical situations.

Q3:

Was there anything in Ted's medical background that would lead you to believe something like this could happen?

A3:

By law, we are precluded to comment on any other medical details and we will adhere to that.



VI. On How We Will Honor Ted (Services, etc.):

Q1:

What will be done/ is being planned to honor Ted?

A1:

A number of activities and services have been planned to honor Ted:

- **Funeral Service in Bakersfield, CA on Saturday, February 22**
There will be a family service for Ted in his hometown of Bakersfield, CA on Saturday, February 22. *(If asked – Yes, we are making arrangements for the football team to attend.)*
- **Memorial Service On-Campus on Monday, February 24**
Specific details are forthcoming.
- **Candlelight Service – Celebration of Ted Agu's Life**
We celebrated the life of Ted Agu on **Wednesday, February 12** with a beautiful candlelight service on the Lisa and Douglas Goldman Plaza. Paul Savage, our Director of Student Athlete Affairs, worked with Ted's Omega Psi Phi Fraternity brothers and fellow student-athletes led this student run service.
- **"Moment of Silence" at Upcoming Home Games**
We have honored and are honoring Ted with a moment of silence prior to the start of our next home competitions for all of our teams.
- **Ted #35 Patches / Banners and Purple and Gold Wristbands**
In honor of Ted, his fraternity brothers have created a purple (Omega Psi Phi's colors) engraved wristband. In addition, our Brand & Creative Services Team has designed a blue and gold, Ted #35 patch/badge that can be used on uniforms, in print, electronically or in venues. And as you've seen, there is a Ted #35 sign on the outfield wall in our baseball stadium as well as in Haas Pavilion on the "Welcome to Berkeley" wallscape, and we will have a banner positioned outside California Memorial Stadium in Ted's honor for this upcoming football season.
- **Traditional and Social Media**
There have been a number of positive stories in both mainstream and social media that have run about Ted's life and the impact he had on others. We have and will continue to honor him in the appropriate manner as we move through this time.



VII. Questions on Services Available to Staff and Student-Athletes:

Q1:

What Services are Available to Staff and Student-Athletes?

A1:

There are a number of services available for staff and student-athletes to help us through this difficult period. **Services available:**

- **Workshops for Staff**

Our first workshop for staff was held on Thursday, February 13 and over the next several weeks, more workshops will be available to staff. The workshops will be led by CARE Services team

(<https://uhs.berkeley.edu/facstaff/care/>) and will include topics such as:

- How to deal with grief/loss
- Helping staff assist students and colleagues through this period, and;
- Ways to manage through this and address your individual needs.

You can access information online <https://uhs.berkeley.edu/facstaff/care/>.

If you believe you have a larger group that may benefit from a more Individual-focused session just let your supervisor know to contact his or her Leadership Team member and we can work to schedule it.

- **Counseling for Student-Athletes**

We had counselors for student-athletes available at both Simpson and Cesar Chavez throughout the week of February 10. Additionally, Counseling and Psychological Services (CPS) are available at the University Health Services (UHS) Tang Center.

There is also a 24-hour line available at 510-642-9494 and online at <https://uhs.berkeley.edu/students/counseling/cps.shtml>.

CALIFORNIATM

ATHLETICS

**Assistant Coaches Meeting
Tuesday, February 18, 2014**

Notes For Foti

Foti,

Please find below a suggested outline/comments/thoughts for your meeting on Tuesday, February 18, with the Assistant Coaches. I provided you with the key information but you should feel free to make it your own and use accordingly (based on feedback from Phil, Teresa, Jenny and Ryan):

I. INTRODUCTION/OPENING

The sudden and tragic death on Friday, February 7, of Ted Agu, one of our wonderfully bright and talented student-athletes, has and will continue to have a profound impact on all of us.

Ted Agu will always hold a special place in our hearts. Ted was and forever will be part of our Cal Athletics family. He was more than a football player and the way he lived his life and the positive impact he made on those he touched will change Cal Football and Cal Athletics forever.

Those of you in this room are responsible for leading, guiding, developing and coaching our student-athletes, so I wanted to take a few minutes to talk with you about a couple of important things:

1. What has been and is being done from the IA staff in the wake of this tragedy, and;
2. Share with and make available to you some "Frequently Asked Questions" (FAQs) that you may receive as we move through this difficult time together.

WESLEY MALLETT

Associate Athletic Director, Strategic Communications

Haas Pavilion • Berkeley, CA 94720

Office: 510.644.7121 • Cell: 310.562.2821 • wmallette@berkeley.edu • CalBears.com

1

UC 0191

CALIFORNIATM

ATHLETICS

II. SUMMARY: What Has Been Done Thus Far

As you know, we received the tragic news on Ted Agu's passing on Friday morning, February 7. We knew as difficult as this news was to receive, process and accept; we had a responsibility to communicate accurate information in a timely manner.

So, we immediately:

- Informed the IA staff and communicated with our head coaches to inform our student-athletes,
- Met with Coach Dykes and key Athletics and University leadership at the football offices,
- Sandy Barbour and Coach Dykes met with the football team,
- Issued an initial statement from Cal Athletics to the media,
- Updated our social media channels in a very respectful manner with this very sad news, and;
- Conducted a media briefing to address the situation and update the media and the public on what transpired.

Then, immediately afterward and in the hours/days following:

- Sandy sent an email to our staff and student-athletes to update everyone on where we were, what was happening and what resources were/are available during this difficult time,
- Sandy met with our student-athlete leadership group (GBAC),
- Our Leadership Team continued to meet and communicate internally and externally (as necessary) with our key stakeholders, and;
- Paul Savage, our Director of Student-Athlete Affairs, worked directly with GBAC to assist/provide support in the student-athlete/student led candlelight service to celebrate Ted's life on Wednesday, February 12 at CMS on Lisa and Douglas Goldman Plaza.

In addition:

- We have honored (and are honoring) Ted with a moment of silence prior to the start of our next home competitions for all of our teams.
- Ted #35 Patches, Signage and Purple Wristbands have been created
 - In honor of Ted, his fraternity brothers have created a purple and gold (Omega Psi Phi's colors) engraved wristband.
 - In addition, our Brand & Creative Services Team has designed a blue and gold, Ted #35 patch/badge that is being used on uniforms, in print, electronically, and in venues.

WESLEY MALLETTE

2

Associate Athletic Director, Strategic Communications

Haas Pavilion · Berkeley, CA 94720

Office: 510.644.7121 · Cell: 310.562.2821 · wmallette@berkeley.edu · CalBears.com

CALIFORNIATM

ATHLETICS

- And as you've seen, there is a Ted #35 sign on the outfield wall in our baseball stadium as well as in Haas Pavilion on the "Welcome to Berkeley" wallscape.

We also made sure staff as well and our student-athletes were aware the following grief counseling services were/are available:

1. Workshops for Staff

Over the next several weeks, workshops will be available to staff. The workshops will be led by CARE Services

(<https://uhs.berkeley.edu/facstaff/care/>) and will include topics such as:

- How to deal with grief/loss
- Helping staff assist students and colleagues through this period, and;
- Ways to manage through this and address your individual needs.

You can access information online <https://uhs.berkeley.edu/facstaff/care/>.

If you believe you have a larger group that may benefit from a more Individual-focused session just let your supervisor know to contact his or her Leadership Team member and we can work to schedule it.

Our first workshop for staff was held on Thursday, February 13.

2. Counseling for Student-Athletes

We had counselors for student-athletes available at both Simpson and Cesar Chavez throughout the week of February 10. Additionally, Counseling and Psychological Services (CPS) are available at the University Health Services (UHS) Tang Center.

There is also a 24-hour line available at 510-642-9494 and online at <https://uhs.berkeley.edu/students/counseling/cps.shtml>.

WESLEY MALLETT

Associate Athletic Director, Strategic Communications

Haas Pavilion • Berkeley, CA 94720

Office: 510.644.7121 • Cell: 310.562.2821 • wmallette@berkeley.edu • CalBears.com

3

UC 0193



III. FREQUENTLY ASKED QUESTIONS "FAQs"

I will distribute to you for staff purposes only, some of the Frequently Asked Questions that you may receive to help you with some of the answers to many of the common questions that may be asked.

IV. CLOSING

- Should you receive any **media inquiries**, please be sure to direct them to Herb Benenson in our Athletic Communications Department.
- Should you have any questions regarding **fundraising efforts** for funeral expenses, please direct them to: Alisha Valavanis in our Development Department.
- And should you receive any **general questions**, you have the FAQ to provide you with answers to some of the frequently asked questions we may receive.

We have lost an incredible young man and we are all grieving. But we know that Ted will live on – in our hearts and thoughts and actions and he will never be forgotten.

As Sandy stated in her email, our purpose in IA is to serve others.

Our goal is to make sure you have the necessary resources and information to manage through this tough time.

And we will continue to provide updates and additional information as it becomes available.

Thanks for your time.

WESLEY MALLETTE

Associate Athletic Director, Strategic Communications

Haas Pavilion · Berkeley, CA 94720

Office: 510.644.7121 · Cell: 310.562.2821 · wmallette@berkeley.edu · CalBears.com

Ishtar Peeler

From: Ryan COBB <ryancobb@berkeley.edu>
Sent: Monday, February 17, 2014 6:49 PM
To: Wesley Mallette
Subject: Re: Ted Agu - FAQs for Staff and Notes for Foti (re: Tuesday, 2.18.14 Asst. Coaches Meeting)

Wes,

I would consider changing the answer to question 2 to something like:

Right now, we don't know why Ted passed away and we are working to find those answers. We will continue to operate within all NCAA and medical best practices, and hope to have answers specific to Ted as they become available to us.

Or, you could use the language from later in the FAQ:

Right now, we don't know why Ted passed away and we are working to find those answers.

Cal Athletics follows NCAA and nationwide sports medicine accepted best practices as it relates to the screening of our student-athletes for medical conditions, including thorough history and pre-participation screenings/medical examinations by specially trained physicians and staff.

Cal Athletics follows accepted NCAA best practices for care of our student-athletes who might be presented with emergency medical situations.

Also, when do you intend to put these out? Dr. Buchman, the UHS medical director, may want to review.

Ryan

Ryan Cobb MS ATC

Associate Athletic Director
 Performance, Health & Welfare

Intercollegiate Athletics
 170K Simpson Center (SAHPC), 2227 Piedmont Ave., Berkeley, CA 94720

P: 510-642-4878 C: 510-334-0798 E: ryancobb@berkeley.edu W: CalBears.com

Follow us on [Facebook](#) | [Twitter](#) | [YouTube](#)

On Mon, Feb 17, 2014 at 3:53 PM, Wesley Mallette <wmallette@berkeley.edu> wrote:

Hi Team,

Please find attached an FAQs (Draft) for Staff and an overview for Foti to address and update the assistant coaches at tomorrow's Assistant Coaches Meeting.

Please note there is one section in the FAQ where I could use a little help with the language **(III. On Funds/Expenses to Help the Family)**.

Your thoughts are appreciated and I can make whatever edits are necessary this evening.

Foti,

Per our conversation, I've included a summary update from which you can pull top-line key points you'd like to hit in the meeting.

Feel free to call me at any point to discuss.

Ishtar Peeler

From: Wesley Mallette <wmallette@berkeley.edu>
Sent: Tuesday, February 18, 2014 12:44 AM
To: Foti Thomas MELLIS; Phillip L Esten; Teresa Kuehn Gould; Jennifer Simon-O'Neill; Ryan COBB
Subject: Re: Ted Agu - FAQs for Staff and Notes for Foti (re: Tuesday, 2.18.14 Asst. Coaches Meeting)
Attachments: Ted Agu - FAQs for Staff - 021314 - JSO RC Edits.docx

All,

Please find attached a revised FAQ based on feedback/edits from Ryan and Jenny.

There is still one area that needs attention (section on funds/expenses/ways to help the family).

Also, please let me know who needs to see this before Foti's meeting/distribution of FAQs to coaches and staff.

Thanks Team.

- Wes

On Mon, Feb 17, 2014 at 3:53 PM, Wesley Mallette <wmallette@berkeley.edu> wrote:

Hi Team,

Please find attached an FAQs (Draft) for Staff and an overview for Foti to address and update the assistant coaches at tomorrow's Assistant Coaches Meeting.

Please note there is one section in the FAQ where I could use a little help with the language **(III. On Funds/Expenses to Help the Family)**.

Your thoughts are appreciated and I can make whatever edits are necessary this evening.

Foti,

Per our conversation, I've included a summary update from which you can pull top-line key points you'd like to hit in the meeting.

Feel free to call me at any point to discuss.



**FREQUENTLY ASKED QUESTIONS
(FAQs)
For Coaches and Staff
Regarding Ted Agu**

I. On What Happened:

Q1:

Do we know what happened to Ted and what was the cause of death?

A1:

We all have questions and we are working to find answers. Unfortunately, at this time we do not have those answers. When the reports come back and we have more information we will share that.

Q2:

How can we prevent this from happening again?

A2:

Right now, we don't know why Ted passed away and we are working to find those answers. We will continue to operate within all NCAA and medical best practices and hope to have answers specific to Ted as they become available to us.

Q3:

When will a cause of death be determined?

A3:

We won't know until we receive the results from the coroner's office, which we expect to have in a few weeks.



II. On Funeral/ Memorial Services:

Q1:

Have funeral services/arrangements for Ted been planned?

A1:

Yes, funeral services and arrangements have been planned. Here is what we know at this time (*with more information to follow as final details are confirmed*):

Funeral Service

There will be a funeral service for Ted in his hometown of Bakersfield, CA. Friday, February 21 – Visitation from 9am – 12pm followed by service at 1:30pm. Ted will be buried on Saturday, February 22.

At this time we are still awaiting final confirmation on locations, but the team is scheduled to head to Bakersfield on Friday. Much of the team will return on Friday night, but our Head Coach, Athletic Director, (possibly some staff), and a small group of players will stay through Saturday.

On-Campus Memorial Service

An on-campus memorial service for Ted Agu will be held on Monday, February 24 at 6:30pm. We will provide staff with specific details (i.e., location, plan, etc.) as soon as those details are confirmed.

Candlelight Service

And as you know, there was a student-athlete/student led Candlelight Service for Ted held on Wednesday, February 12.

III. On Funds/Expenses to Help the Family:

***** NOTE: NEED A LITTLE HELP HERE *****

Q1:

I see there are several funds accepting contributions to cover funeral costs. Is there one I should contribute to specifically?

A1:

There are a few funds that have been set up to assist where you can help with the expenses beyond Cal Athletics. However, if you would like to contribute through Cal Athletics, we ask that you contribute to the Cal Athletics ____ Fund and be sure to note your contribution is for ____?? Ted Agu ____?? (**NOTE: NEED HELP HERE**)



IV. On a Scholarship in Ted's Name:

Q1:

Is there going to be a scholarship created in Ted's name?

A1:

Nothing has been confirmed yet, but we are working on determining what it will take to create something in Ted's honor.

V. On Sickle Cell Trait/Screening:

Q1:

We are hearing/have heard Ted may have had/had sickle cell trait. Did he test positive for it and could it have contributed to his passing?

A1:

Cal Athletics does not release information related to the medical conditions of its student-athletes, other than to comment on injuries that affect the playing status of student-athletes (and only when legally allowed via signed release and permission from a student-athlete). Our student-athletes need to know their health information is held in confidence until such time as they choose to release it.

Medical information about this situation may be released in the future if it becomes part of public information.

Q2: What are the Department protocols around sickle cell trait testing for student-athletes? Do you screen for conditions that may have a negative impact or compromise a student-athlete's health?

A2:

Like all Pac-12 institutions, Cal Athletics follows NCAA and nationwide sports medicine accepted best practices as it relates to the screening of our student-athletes for medical conditions, including thorough history and pre-participation screenings/medical examinations by specially trained physicians and staff. This includes cardiac screenings and sickle cell trait screening among others, and a thorough health history. Additionally, Cal Athletics follows accepted NCAA best practices for care of our student-athletes who might be presented with emergency medical situations.

Q3:

Was there anything in Ted's medical background that would lead you to believe something like this could happen?

A3:

By law, we are precluded to comment on any other medical details and we will adhere to that.



VI. On How We Will Honor Ted (Services, etc.):

Q1:

What will be done/ is being planned to honor Ted?

A1:

A number of activities and services have been planned to honor Ted:

- **Funeral Service in Bakersfield, CA on Saturday, February 22**
There will be a family service for Ted in his hometown of Bakersfield, CA on Saturday, February 22. *(If asked – Yes, we are making arrangements for the football team to attend.)*
- **Memorial Service On-Campus on Monday, February 24**
Specific details are forthcoming.
- **Candlelight Service – Celebration of Ted Agu's Life**
We celebrated the life of Ted Agu on **Wednesday, February 12** with a beautiful candlelight service on the Lisa and Douglas Goldman Plaza. Paul Savage, our Director of Student Athlete Affairs, worked with Ted's Omega Psi Phi Fraternity brothers and fellow student-athletes led this student run service.
- **"Moment of Silence" at Upcoming Home Games**
We have honored and are honoring Ted with a moment of silence prior to the start of our next home competitions for all of our teams.
- **Ted #35 Patches / Banners and Purple and Gold Wristbands**
In honor of Ted, his fraternity brothers have created a purple (Omega Psi Phi's colors) engraved wristband. In addition, our Brand & Creative Services Team has designed a blue and gold, Ted #35 patch/badge that can be used on uniforms, in print, electronically or in venues. And as you've seen, there is a Ted #35 sign on the outfield wall in our baseball stadium as well as in Haas Pavilion on the "Welcome to Berkeley" wallscape, and we will have a banner positioned outside California Memorial Stadium in Ted's honor for this upcoming football season.
- **Traditional and Social Media**
There have been a number of positive stories in both mainstream and social media that have run about Ted's life and the impact he had on others. We have and will continue to honor him in the appropriate manner as we move through this time.



VII. Questions on Services Available to Staff and Student-Athletes:

Q1:

What Services are Available to Staff and Student-Athletes?

A1:

There are a number of services available for staff and student-athletes to help us through this difficult period. **Services available:**

- **Workshops for Staff**

Our first workshop for staff was held on Thursday, February 13 and over the next several weeks, more workshops will be available to staff. The workshops will be led by CARE Services team

(<https://uhs.berkeley.edu/facstaff/care/>) and will include topics such as:

- How to deal with grief/loss
- Helping staff assist students and colleagues through this period, and;
- Ways to manage through this and address your individual needs.

You can access information online <https://uhs.berkeley.edu/facstaff/care/>.

If you believe you have a larger group that may benefit from a more Individual-focused session just let your supervisor know to contact his or her Leadership Team member and we can work to schedule it.

- **Counseling for Student-Athletes**

We had counselors for student-athletes available at both Simpson and Cesar Chavez throughout the week of February 10. Additionally, Counseling and Psychological Services (CPS) are available at the University Health Services (UHS) Tang Center.

There is also a 24-hour line available at 510-642-9494 and online at <https://uhs.berkeley.edu/students/counseling/cps.shtml>.

Ishtar Peeler

From: Phil Esten <esten@berkeley.edu>
Sent: Tuesday, February 18, 2014 7:00 AM
To: Teresa Gould
Cc: Wesley Mallette; Foti Thomas MELLIS; Jennifer Simon-O'Neill; Ryan COBB
Subject: Re: Ted Agu - FAQs for Staff and Notes for Foti (re: Tuesday, 2.18.14 Asst. Coaches Meeting)

I sent edits on development topics this morning. Once this is complete we can send over to Chris - I was under the impression we were trying to get this to Foti for his own use at the assistant coaches meeting - not yet for distribution to staff.

Once Chris weighs in we can distribute as necessary.

Thanks.
 Phil

 Phil Esten
 Deputy Director of Athletics
 Cal Athletics

Sent from my iPhone

On Feb 18, 2014, at 6:20 AM, Teresa Gould <tkuehn@berkeley.edu> wrote:

We agreed not to distribute anything like this in writing without Chris Patti's review.

T

Sent from my iPhone

On Feb 18, 2014, at 12:43 AM, Wesley Mallette <wmallette@berkeley.edu> wrote:

All,

Please find attached a revised FAQ based on feedback/edits from Ryan and Jenny.

There is still one area that needs attention (section on funds/expenses/ways to help the family).

Also, please let me know who needs to see this before Foti's meeting/distribution of FAQs to coaches and staff.

Thanks Team.

- Wes

On Mon, Feb 17, 2014 at 3:53 PM, Wesley Mallette <wmallette@berkeley.edu> wrote:

Hi Team,

Please find attached an FAQs (Draft) for Staff and an overview for Foti to address and update the assistant coaches at tomorrow's Assistant Coaches Meeting.

Please note there is one section in the FAQ where I could use a little help with the language (**III. On Funds/Expenses to Help the Family**).

Your thoughts are appreciated and I can make whatever edits are necessary this evening.

Foti,

Per our conversation, I've included a summary update from which you can pull top-line key points you'd like to hit in the meeting.

Feel free to call me at any point to discuss.

<Ted Agu - FAQs for Staff - 021314 - JSO RC Edits.docx>

Ishtar Peeler

From: Wesley Mallette <wmallette@berkeley.edu>
Sent: Wednesday, February 26, 2014 1:56 PM
To: Phillip L Esten; Teresa Kuehn Gould
Cc: Jennifer Simon-O'Neill; Ryan COBB; Herb BENENSON
Subject: Ted Agu - Revised / Updated Q&A
Attachments: Ted Agu - QAs for Staff - UPDATED - 022614.docx

Team,
Please find attached the updated Q&A for IA Staff.

T,
I'm sure if Chris Patti approves the last version, this updated version should be ok.
Just making sure though. Would you like me to forward to him?

Thanks Team.

- Wes



**Questions for Staff
Regarding Ted Agu**

I. On What Happened:

Q1:

Do we know what happened to Ted and what was the cause of death?

A1:

We all have questions and we are working to find answers. Unfortunately, at this time we do not have those answers. When the reports come back and we have more information we will share that.

Q2:

How can we prevent this from happening again?

A2:

Right now, we don't know why Ted passed away and we are working to find those answers. We will continue to operate within all NCAA and medical best practices and hope to have answers specific to Ted as they become available to us.

Q3:

When will a cause of death be determined?

A3:

We won't know until we receive the results from the coroner's office, which we expect to have in a few weeks.



II. On Funeral/ Memorial Services:

Funeral Service

Funeral services for Ted were held in his hometown of Bakersfield, CA, on Friday, February 21 and Ted was buried on Saturday, February 22.

On-Campus Memorial Service

An on-campus memorial service for Ted Agu was held on Monday, February 24 at 6:30pm.

Candlelight Service

There was a student-athlete/student led Candlelight Service held in Ted's honor on Wednesday, February 12.

III. On Funds/Expenses to Help the Family:

Q1:

I saw there were several funds accepting contributions to cover funeral costs and help Ted's family. Is there one I should contribute to specifically?

A1:

In addition to support from Cal Athletics there are several third-parties fund raising to offset funeral costs and other expenses that will be incurred by the family.

If you would like to support Cal's efforts in defraying the funeral costs for the family and providing transportation for the football team to attend the Bakersfield services please make your check out to 'UC Regents,' memo: **Ted Agu Family** or follow this link: calbears.com/tedagufamily.



IV. On a Scholarship in Ted's Name:

Q1:

Is there going to be a scholarship created in Ted's name?

A1:

At the family's request Cal Athletics has also set up the **Ted Agu Memorial Scholarship Fund**, which will serve as an endowment to provide scholarship support to student athletes. If you would like to support this effort please make your gift to 'UC Berkeley Foundation (or UCBF)' memo: Ted Agu Memorial Scholarship Fund or visit the following link: calbears.com/tedaguscholarship.

V. On Sickle Cell Trait/Screening:

Q1:

We are hearing/have heard Ted may have had/had sickle cell trait. Did he test positive for it and could it have contributed to his passing?

A1:

Cal Athletics does not release information related to the medical conditions of its student-athletes, other than to comment on injuries that affect the playing status of student-athletes (and only when legally allowed via signed release and permission from a student-athlete). Our student-athletes need to know their health information is held in confidence until such time as they choose to release it.

Medical information about this situation may be released in the future if it becomes part of public information.

Q2: What are the Department protocols around sickle cell trait testing for student-athletes? Do you screen for conditions that may have a negative impact or compromise a student-athlete's health?

A2:

Like all Pac-12 institutions, Cal Athletics follows NCAA and nationwide sports medicine accepted best practices as it relates to the screening of our student-athletes for medical conditions, including thorough history and pre-participation screenings/medical examinations by specially trained physicians and staff. This includes cardiac screenings and sickle cell trait screening among others, and a thorough health history. Additionally, Cal Athletics follows accepted NCAA best practices for care of our student-athletes who might be presented with emergency medical situations.



Q3:

Was there anything in Ted's medical background that would lead you to believe something like this could happen?

A3:

By law, we are precluded to comment on any other medical details and we will adhere to that.

VI. On How We Will Honor Ted (Services, etc.):

Q1:

What will be done/ is being planned to honor Ted?

A1:

A number of activities and services have been planned to honor Ted:

- **A funeral service was held in Bakersfield, CA on Friday, February 21, and burial in Bakersfield on Saturday, February 22**
There was also a family service for Ted in his hometown of Bakersfield, CA on Friday, February 21 and Ted was buried on Saturday, February 22. *(If asked – Yes, we made arrangements for the football team to attend.)*
- **Memorial Service on-campus on Monday, February 24**
A memorial service was held on Monday, February 24 at 6:30 p.m. at Haas Pavilion.
- **Candlelight Service – Celebration of Ted Agu's Life**
We celebrated the life of Ted Agu on **Wednesday, February 12** with a beautiful candlelight service on the Lisa and Douglas Goldman Plaza. Paul Savage, our Director of Student Athlete Affairs, worked with Ted's Omega Psi Phi Fraternity brothers and fellow student-athletes led this student run service.
- **"Moment of Silence" at upcoming home games**
We have honored and are honoring Ted with a moment of silence prior to the start of our next home competitions for all of our teams.
- **Ted #35 Patches / Banners and purple and gold wristbands**
In honor of Ted, his fraternity brothers have created a purple (Omega Psi Phi's colors) engraved wristband. In addition, our Brand & Creative Services Team has designed a blue and gold, Ted #35 patch/badge that can be used on uniforms, in print, electronically or in venues. And as you've seen, there is a Ted #35 sign on the outfield wall in our baseball stadium as well as in Haas Pavilion on the "Welcome to Berkeley" wallscape, and we will have a banner

CALIFORNIATM

ATHLETICS

positioned outside California Memorial Stadium in Ted's honor for this upcoming football season.

- **Traditional and Social Media**

There have been a number of positive stories in both mainstream and social media that have run about Ted's life and the impact he had on others. We have and will continue to honor him in the appropriate manner as we move through this time.

VII. Questions on Services Available to Staff and Student-Athletes:

Q1: What Services are Available to Staff and Student-Athletes?

A1: There are a number of services available for staff and student-athletes to help us through this difficult period. **Services available:**

- **Workshops for Staff**

Our first workshop for staff was held on Thursday, February 13 and over the next several weeks, more workshops will be available to staff. The workshops will be led by CARE Services team

(<https://uhs.berkeley.edu/facstaff/care/>) and will include topics such as:

- How to deal with grief/loss
- Helping staff assist students and colleagues through this period, and;
- Ways to manage through this and address your individual needs.

You can access information online <https://uhs.berkeley.edu/facstaff/care/>.

If you believe you have a larger group that may benefit from a more Individual-focused session just let your supervisor know to contact his or her Leadership Team member and we can work to schedule it.

- **Counseling for Student-Athletes**

We had counselors for student-athletes available at both Simpson and Cesar Chavez throughout the week of February 10. Additionally, Counseling and Psychological Services (CPS) are available at the University Health Services (UHS) Tang Center.

There is also a 24-hour line available at 510-642-9494 and online at <https://uhs.berkeley.edu/students/counseling/cps.shtml>.

Ishtar Peeler

From: Cal Sports Medicine <sportsmedicine@berkeley.edu>
Sent: Thursday, April 24, 2014 9:47 AM
To: football@berkeley.edu; athletic.director@berkeley.edu; rpjackson@berkeley.edu; mcrae@berkeley.edu
Subject: Re: Condolences With Eye to Future

Kyle,
 We can review if we want standard responses to these types of messages? Dr. Batten, thoughts?

Ryan

On Thu, Apr 24, 2014 at 9:16 AM, Keith Dunne <[REDACTED]> wrote:

Dear Mr. Dykes,

I wanted to send my condolences to you and the entire Cal community for the recent loss of Ted Agu due to Hypertrophic Cardiomyopathy (HCM), and, hopefully, to share a valuable resource that could save lives in the future.

Please watch the following YouTube video that was prepared in 2013 by my son, [REDACTED], in preparation for the first annual HCM Awareness Week at St. Ignatius College Prep in San Francisco. [REDACTED] is a leading student authority on HCM having presented at the National HCM Association Annual meeting and a Stanford Hospital Medical Conference "In Your Genes", and appearing as a featured speaker in an educational video prepared by NBC Learn that is expected to be distributed nationally this spring. His work has also been reviewed on TV and by a local newspaper.

Video: [REDACTED] (Video can also be found Googling "[REDACTED] HCM".)

In plain, easy to understand language, [REDACTED] shares his story and discusses the causes and significance of HCM, the symptoms, and cautionary steps to take if HCM is suspected. The video also walks viewers through the 4 key steps in an AED drill and encourages people "not to panic but to act" to prevent this invisible disease from claiming another life. Consequently, I urge you to act and share this video with the whole athletic department, especially the athletes, as HCM actually occurs in 1 in 500 people and is responsible for nearly half of all heart attacks in people under 35! (Incidentally, as you may know, HCM is non-discriminatory impacting all races and athletes and non-athletes alike so you may want to consider passing this information on to the entire student body.)

Please let me know if [REDACTED] or I can be of further service. Incidentally, [REDACTED] is a first cousin with [REDACTED]
[REDACTED] a member of Cal's Rugby team.

Sincerely,

[REDACTED]

[REDACTED]
Cell: [REDACTED]

Ishtar Peeler

From: Wesley Mallette <wmallette@berkeley.edu>
Sent: Monday, April 21, 2014 9:55 AM
To: Athletic Director
Cc: Phil Esten; Dan Mogulof; Herb Benenson
Subject: Re: Ted Agu - Cause of Death

Thanks Sandy.

Just hung up with Herb and will connect with Phil and Dan.

We're on it.

On Mon, Apr 21, 2014 at 9:53 AM, Athletic Director <athletic@berkeley.edu> wrote:
 We need to get on this immediately

Sent from my iPhone

Begin forwarded message:

From: "Marc DeCoulode" <decoulode@berkeley.edu>
Date: April 21, 2014 at 9:47:52 AM PDT
To: "Christopher M Patti" <cpatti@berkeley.edu>, "Sandy Barbour" <athletic.director@berkeley.edu>, "Dan Mogulof" <dmogulof@berkeley.edu>, "Marguerite Bennett" <bennettm@berkeley.edu>
Cc: "Herb BENENSON" <benenson@berkeley.edu>, "Marc Decoulode" <decoulode@berkeley.edu>
Subject: Ted Agu - Cause of Death

All,

This morning I was informed by the Coroner's office that the cause of death for Ted Agu is natural, due to Hypertrophic cardiomyopathy. Below is a brief description of Hypertrophic cardiomyopathy from the internet. The Coroner's office will likely release this to the media this afternoon.

Please keep in mind, this is verbal information and I have not seen the actual Coroner's report which will not be completed for a few more days. Since we have not seen the actual report I would be cautious in releasing any specifics. I am confident we can say we have been informed the death was due to natural causes.

Hypertrophic cardiomyopathy (HCM) is a primary disease of the myocardium (the muscle of the heart) in which a portion of the myocardium is hypertrophied (thickened) without any obvious cause.[1][2][3][4][5][6] It is a leading cause of sudden cardiac death in young athletes.[7] The occurrence of hypertrophic cardiomyopathy is a significant cause of sudden unexpected

cardiac death in any age group and as a cause of disabling cardiac symptoms. Younger people are likely to have a more severe form of hypertrophic cardiomyopathy.[citation needed]

HCM is frequently asymptomatic until sudden cardiac death, and for this reason some suggest routinely screening certain populations for this disease.[8]

A cardiomyopathy is a disease that affects the muscle of the heart. With HCM, the sarcomeres (contractile elements) in the heart increase in size, which results in the thickening of the heart muscle. In addition, the normal alignment of muscle cells is disrupted, a phenomenon known as myocardial disarray. HCM also causes disruptions of the electrical functions of the heart. HCM is most commonly due to a mutation in one of 9 sarcomeric genes that results in a mutated protein in the sarcomere, the primary component of the myocyte (the muscle cell of the heart). These are predominantly single-point missense mutations in the genes for beta-myosin heavy chain (MHC), myosin-binding protein C, cardiac troponinT, or tropomyosin. These mutations cause myofibril and myocyte structural abnormalities and possible deficiencies in force generation.

While most literature so far focuses on European, American, and Japanese populations, HCM appears in all racial groups. The prevalence of HCM is about 0.2% to 0.5% of the general population.

Marc DeCoulode, Lieutenant
UC Berkeley Police Dept.
Special Operations
Criminal Investigations / Special Events
510-642-9088

Ishtar Peeler

From: Casey Batten <battenc@berkeley.edu>
Sent: Saturday, May 10, 2014 10:54 AM
To: Ryan COBB
Subject: Re: HCM

Really need to wait on any decisions/response until we can review final report...hope to have in the immediate future

Casey G Batten MD
 Head Team Physician
 University of California-Berkeley
 SENT FROM IPHONE

On May 10, 2014, at 8:40, Ryan COBB <ryancobb@berkeley.edu> wrote:

How do you want to respond to this.

Ryan

Ryan Cobb MS ATC

Associate Athletic Director
 Performance, Health & Welfare

Intercollegiate Athletics
 170K Simpson Center (SAHPC), 2227 Piedmont Ave., Berkeley, CA 94720

P: 510-642-4878 C: 510-334-0798 E: ryancobb@berkeley.edu W: CalBears.com

Follow us on [Facebook](#) | [Twitter](#) | [YouTube](#)

----- Forwarded message -----

From: **Ryan COBB** <ryancobb@berkeley.edu>
 Date: Sat, May 10, 2014 at 8:36 AM
 Subject: Re: HCM
 To: Jennifer Simon-O'Neill <jenny.simon@berkeley.edu>

I'll discuss with Dr. Batten and respond.

Ryan

Ryan Cobb MS ATC

Associate Athletic Director
 Performance, Health & Welfare

Intercollegiate Athletics
170K Simpson Center (SAHPC), 2227 Piedmont Ave., Berkeley, CA 94720

P: 510-642-4878 C: 510-334-0798 E: ryancobb@berkeley.edu W: CalBears.com

Follow us on [Facebook](#) | [Twitter](#) | [YouTube](#)

On Fri, May 9, 2014 at 10:15 PM, Jennifer Simon-O'Neill <jenny.simon@berkeley.edu> wrote:
Ryan,

Not really sure where to direct her within the department - thoughts?

JSO

Sent from my iPhone

Begin forwarded message:

From: Kirsten Michelle Hextrum <khextrum@berkeley.edu>
Date: May 1, 2014 at 7:49:01 PM PDT
To: Jennifer Simon <jenny.simon@berkeley.edu>
Subject: HCM

Hi Jenny,

Thanks for taking the time to look into this for me. I don't have all that much information but essentially my former roommate/teammate/current very close friend [REDACTED] (team captain, 2xNCAA champ, Wcrew, etc.) older brother died of HCM (undiagnosed). Her family has since become strong advocates for the disorder, particularly as it relates to screening/prevention. They would love to help and get involved with any efforts that Cal is doing to support Ted and HCM prevention.

Here are the emails I received from her mother, [REDACTED] who currently runs an organization [REDACTED] dedicated to raising money/awareness for the cause.

She's a wonderful woman and willing to help in any capacity.

[REDACTED] Apr 26 (5 days ago)

to Kirsten, me, [REDACTED]

Hi guys,

I was sad to hear of the loss of this Cal athlete. More sad now to hear he had HCM according to article below. I know Cal has an endowment in his memory.

Is there any momentum to raised awareness of HCM with athletes at Cal. Let me know if [REDACTED] foundation can help.

<http://www.sfgate.com/collegesports/article/Cal-football-s-Ted-Agu-died-of-heart-ailment-5425510.php>

[REDACTED]

Hi [REDACTED],

Thanks for passing this news article along. Ted's passing was so tragic on so many fronts and now to hear it was HCM... Ted's fraternity is highly involved in the process of fundraising for an endowment but also covering some of the costs for Ted's family. I know some of the people involved and I'd be happy to speak to them about [REDACTED].

Also, I'm on a task force with one of the assistant athletic directors at Cal. We're meeting on Wednesday and I'll speak to her about this. I imagine our athletic department would love to have [REDACTED] (and [REDACTED] if she's willing!) be involved with their efforts to memorialize Ted.

I'll let you know what I find out from these two groups!

Hope everyone is doing well and having a restful weekend!

Best,
Kirsten

[REDACTED]

Apr 26 (5 days ago)

to Kirsten

A goal is to get an informational HCM questionnaire included as part of the athletes physical. I'll send it to you and perhaps you could introduce the idea to the department.

[REDACTED]

Thanks [REDACTED] I'd be happy to share this idea with Cal Athletics!

[REDACTED]

Apr 28 (3 days ago)

to Kirsten

Thanks, Kirsten. Here is the link to the assessment form, and, obviously, the site email address for more information.

<http://www.4hcm.org/wp/wp-hcma-content/uploads/2010/09/Youngscariskformv.7.pdf>

Have a great week, [REDACTED]

Kirsten Hextrum, M.A.
Doctoral Student, Social & Cultural Studies
Graduate School of Education
University of California, Berkeley
khextrum@berkeley.edu

Ishtar Peeler

From: Ryan COBB <ryancobb@berkeley.edu>
Sent: Saturday, May 10, 2014 11:00 AM
To: Jennifer Simon-O'Neill
Subject: Re: HCM

Dr. Batten feels it is premature to discuss specifics on this case, as the full report is still not available. Do you want to respond that we are waiting for the full autopsy report and then can discuss more completely any next steps? I guess this assumes the issue is HCM education/prevention.

If the issue is how to support the family financially, that is not me, maybe Phil? At this point, we are only allowed to have contact with the family's attorney, so not sure how to direct them.

Cobb

Ryan Cobb MS ATC

Associate Athletic Director
 Performance, Health & Welfare

Intercollegiate Athletics
 170K Simpson Center (SAHPC), 2227 Piedmont Ave., Berkeley, CA 94720

P: 510-642-4878 C: 510-334-0798 E: ryancobb@berkeley.edu W: CalBears.com

Follow us on [Facebook](#) | [Twitter](#) | [YouTube](#)

On Fri, May 9, 2014 at 10:15 PM, Jennifer Simon-O'Neill <jenny.simon@berkeley.edu> wrote:
 Ryan,

Not really sure where to direct her within the department - thoughts?

JSO

Sent from my iPhone

Begin forwarded message:

From: Kirsten Michelle Hextrum <khextrum@berkeley.edu>
Date: May 1, 2014 at 7:49:01 PM PDT
To: Jennifer Simon <jenny.simon@berkeley.edu>
Subject: HCM

Hi Jenny,

Thanks for taking the time to look into this for me. I don't have all that much information but

essentially my former roommate/teammate/current very close friend [REDACTED] (team captain, 2xNCAA champ, Wcrew, etc.) older brother died of HCM (undiagnosed). Her family has since become strong advocates for the disorder, particularly as it relates to screening/prevention. They would love to help and get involved with any efforts that Cal is doing to support Ted and HCM prevention.

Here are the emails I received from her mother, [REDACTED] who currently runs an organization [REDACTED] dedicated to raising money/awareness for the cause.

She's a wonderful woman and willing to help in any capacity.

[REDACTED] Apr 26 (5 days ago)

to Kirsten, me, [REDACTED]

Hi guys,

I was sad to hear of the loss of this Cal athlete. More sad now to hear he had HCM according to article below. I know Cal has an endowment in his memory. Is there any momentum to raised awareness of HCM with athletes at Cal. Let me know if [REDACTED] foundation can help.

<http://www.sfgate.com/collegesports/article/Cal-football-s-Ted-Agu-died-of-heart-ailment-5425510.php>

[REDACTED]
Hi [REDACTED]

Thanks for passing this news article along. Ted's passing was so tragic on so many fronts and now to hear it was HCM... Ted's fraternity is highly involved in the process of fundraising for an endowment but also covering some of the costs for Ted's family. I know some of the people involved and I'd be happy to speak to them about [REDACTED]

Also, I'm on a task force with one of the assistant athletic directors at Cal. We're meeting on Wednesday and I'll speak to her about this. I imagine our athletic department would love to have [REDACTED] (and [REDACTED] if she's willing!) be involved with their efforts to memorialize Ted.

I'll let you know what I find out from these two groups!

Hope everyone is doing well and having a restful weekend!

Best,
Kirsten

[REDACTED] Apr 26 (5 days ago)

to Kirsten

A goal is to get an informational HCM questionnaire included as part of the athletes physical. I'll send it to you and perhaps you could introduce the idea to the department.

Thanks [REDACTED]! I'd be happy to share this idea with Cal Athletics!

[REDACTED] Apr 28 (3 days ago)

to Kirsten

Thanks, Kirsten. Here is the link to the assessment form, and, obviously, the site email address for more information.

<http://www.4hcm.org/wp/wp-hcma-content/uploads/2010/09/Youngscariskformv.7.pdf>

Have a great week, [REDACTED]

Kirsten Hextrum, M.A.
Doctoral Student, Social & Cultural Studies
Graduate School of Education
University of California, Berkeley
khextrum@berkeley.edu